6 Players (4 play 7 shifts - 2 play 6 shifts)

#	Name	1st	2nd	3rd	4th	5th	6th	7th	8th
			no						no
				no					
					no				
						no			
							no		
		no						no	

7 Players (5 play 6 shifts - 2 play 5 shifts)

#	Name	1st	2nd	3rd	4th	5th	6th	7th	8th
				no			no		
			no			no			no
					no				no
			no				no		
				no				no	
		no			no			no	
		no				no			

8 Players (All Play 5 shifts)

#	Name	1st	2nd	3rd	4th	5th	6th	7th	8th
			no			no			no
			no			no		no	
			no		no			no	
				no			no		no
				no		no			no
		no			no		no		
		no			no			no	
		no		no			no		

9 Players (4 play 5 shifts - 5 play 4 shifts)

#	Name	1st	2nd	3rd	4th	5th	6th	7th	8th
				no		no		no	
			no		no		no		no
			no		no		no		no
			no		no			no	
			no			no			no
		no			no		no		
		no		no		no		no	
		no		no		no		no	
		no		no			no		no

10 Players (All Play 4 shifts)

#	Name	1st	2nd	3rd	4th	5th	6th	7th	8th

All Substitutions take place at 5 minute intervals.

The clock will stop briefly for subs, do not use this stop time as a "timeout".

Please no split shifts, all shifts should be for 5 minutes

This Substitution pattern must be used.

GAME Specifics: Two 20 minute halfs, stop time last 2 minutes if no team is ahead by 10 or more points. One timeout 1st half, two timeouts 2nd half.